

DREAM CIRCLE

Tap the Wisdom and Inspiration of Your Dreams



Join a group of six and engage in dream work to explore:

- * the language and symbols of dreams
- * how dreams call for breakthroughs and greater wholeness
- * practices for understanding and integrating them into waking life
- * ways to express our dreams in poetry, collage and other creative modalities

Led by Susan Teegen, MDiv, GPCC, ACC and María Lozano, MD

Participants are asked to commit to all four sequential sessions to enhance personal learning and to support safety and connection with the group.

Welcoming adults who are new to dream work and those familiar who seek to deepen their practice.

Cost: \$300

New groups are formed as registration fills. To learn more about upcoming Dream Circles or register, email:

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**Dream Ladder by Susan Teegen*